

Purina Treats - Calorie List

	Approximate Kcals/piece	Other "Treats"	Approximate Kcals
Commercial Dog Treats			
Alpo Variety Snaps	20	Apple (1 medium)	80
Alpo Variety Snaps Big Bites	58	Banana (1 medium)	101
Beggin' Collision	36	Beef, lean (1 oz.)	64
Beggin' Littles	7	Bouillon (1 cube)	5
Beggin' Party Poppers	17	Carrots (1 medium)	21
Beggin' Strips brand Dog Snack	36	Cauliflower (1/4 cup)	6
Beggin' Strips Thick Cut	48	Cheese, American (1 oz.)	105
Beneful Healthy Smile Ridges Large	98	Chicken, lean (1 oz.)	52
Beneful Healthy Smile Ridges Mini	29	Cottage Cheese (1 oz.)	30
Beneful Healthy Smile Ridges Sm/Med	61	Cucumbers (1/4 cup)	5
Beneful Healthy Smile Twists Large	98	Egg (1 large)	81
Beneful Healthy Smile Twists Mini	29	Green beans (1/4 cup)	9
Beneful Healthy Smile Twists Sm/Med	61	Green peppers (1 medium)	14
Beneful Heartfuls	38	Melon (1/4 cup)	12
Beneful Hugs	21	Peanut butter (1T)	100
Beneful Snackers	24	Popcorn, air pop (1/2 cup)	22
Beneful Stars Bacon & Cheese	28	Pumpkin, canned (1/4 cup)	20
Beneful Stars Chicken & Cheese	26	Rice (1/2 cup)	83
Busy Bone Mini	146	Rice cake, plain	40
Busy Bone Orig Large	732	Tuna, can in water (1 oz.)	36
Busy Bone Orig Sm/Med	366	Turkey breast, lean (1 oz.)	50
Busy Bone Tiny	48	Zucchini (1/4 cup)	5
Busy Bone Ultimate	1347		
Busy Chewnola	165	Commercial Cat Treats	
Busy Heartyhide	43	Fancy Feast Appetizers	34
Busy Rollhide Large	252	Friskies Party Mix Puffs	1
Busy Rollhide Small/Med	112	Friskies Party Mix Naturals	2
Pro Plan Baked Trios	30	Friskies Party Mix Crunch	1.2
Pro Plan Chicken Filet	37	ProPlan Savory Bites	1.4
Pro Plan Hearty Rewards	8	PVD FortiFlora	4
Pro Plan Jerky Slices	59	Whisker Lickin's Soft & Delicious	2
ProPlan Roasted Slices	37	Whisker Lickin's Crunchy & Yummy	2
Pro Plan Roasted Slices, Chicken	37		
Pro Plan Tender Strips	40		
ProPlan Training Treats	3		
PVD Dental Chewz	56		
PVD FortiFlora	4		
PVD Gentle Snackers	14		
PVD Lite Snackers	15		
T-Bonz Dog Snacks (Filets)	19		
T-Bonz Dog Snacks (Porterhouse)	45		
T-Bonz Ribeye Flavor	31		